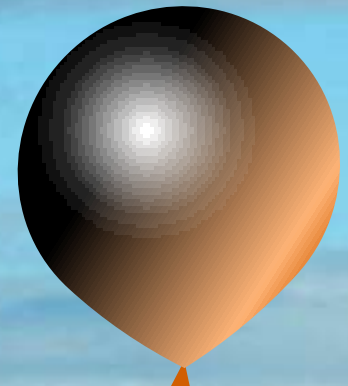


Introduction to Biblical Dream Interpretation



FLAG Studies
Elizabeth Irizarry, M. Ed.

Do you dream and want to understand the hidden messages? This guide will show you some basic steps to follow and in the end give you a list of some sound books written by Christian authors with the gift of dream interpretation like Daniel and Joseph.

Daniel 2 & Genesis 41

Throughout Scripture we see the importance of God's messages delivered to people in dreams, this is something that continues today. Do all dreams mean something?

Not really, but there are ways to know if a dream is important and has a message or not.



Step 1 – Ask yourself some questions first: Was the dream in color? How well do you remember it, can you give details? Were there emotions present within the dream, did you feel sad, happy, angry or confused? Was it one of those dreams that were so real when you woke you thought you were still dreaming? Was there a spiritual entity in the room after you woke? These are all signs that the dream is important and has a hidden message. These messages can be either revelations on what to do next, what's the root of your strongholds that keep you from breakthrough, or even warnings that let you know there's something wrong.



Step 2 – Once you have decided that the dream is important and want to know more, pray about it ASAP! We cannot be without the Holy Spirit to interpret anything. He is the author (Acts 2:17) and the interpreter (Gen 40:8) of dreams. Ask the Holy Spirit to show you or refresh the most important parts of the dream. The ones you remember the most after prayer or the areas He wants to tell you something, so pay attention to details. The best way to remember a dream is to immediately write it down as soon as you wake.

Step 3 – Write down the dream in the exact order it happened. Like a series of events question in an English test, number what happened first and then next all the way to the end of the dream. Underline what stood out the most to you in the dream: emotions, objects or places

Step 4 – Look up the items either in Scripture or the dream dictionaries listed here. The dictionaries are all backed by scripture so it's safe to use them.

Step 5 – When you look up the meanings, go over each meaning various times, there will be one or two meaning that will pop out to you or seem right because you get an overwhelming peace once you look at it. As you are doing this ask the Holy Spirit for clarity of the mind and focus. Never interpret a dream under distractions. (eating, watching TV, on the internet, caring for kids)

Step 6 – Write down beside every number of events what you’ve found in your research and continue to do this until you have completed the entire dream. Don’t worry if at first you seem still confused or puzzled, just keep going and it will start to make sense.

Step 7 – Another tactic that works is to draw your dream, especially items that you remember the most. You can have a sketch book where you can go in and doodle what you saw. Make sure to use the colors or write down the colors or even numbers. All of these are important when deciphering a dream.

Step 8 - Never jump to the conclusion that the things in your dreams are always in the natural, there are more symbolic things in a dream and we can miss the mark by not viewing both meanings (natural and spiritual)



Step 9 – There may be times it takes more than a week to get the interpretation, so if this is the case, don't be discouraged, continue to press in and ask the Holy Spirit for His insight. Also, there are times when a dream is not for you, it may be for a family member or friend. If you have a prophetic gifting or God is calling you to be a prophet, keep a dream journal and that way you can go back after some events and see the answers unfold years later.

Final Step - The Holy Spirit teaches relating the spiritual things with the spiritual, so please know you must have a solid understanding of the Scriptures for accurate interpretation that is led by Holy Spirit. If you feel that after you have done all you can and still need help, go to the leadership of your church. Never go to people outside the Christian faith, or an apostate (looks like a Christian) from the faith such as psychics, mediums or even tarot card readers. These people are witches and will bring you death like King Saul when he consorted with a soothsayer or witch of Endor. (1 Samuel 28:3)



Examples of a real dream interpretation

56. Skateboard Dream

Skateboard, Tricks, Wheels, New

I was on a skateboard, and as I was riding it, I was doing some tricks. The tricks were basically kicking the back of the board to get it to slide out. I picked up the board when I had finished, and there was another young person with me. I looked at my wheels, and they were all worn out. His wheels were brand new.

Interpretation:

The skateboard speaks of youth ministry (see *Skateboard*). Doing tricks represents moving in the gifts of the Holy Spirit (see *Trick*). Wheels are representative of your spirit; having worn-out wheels means that you are not replenishing yourself in God after ministering (see *Wheel*). Seeing his wheels are brand new says that the other person is spending time with God to renew his spirit (see Isa. 40:30-31).

84. Crooks Caught Moving Goods Dream

Gang, Crooks, Gun, Pistol, Telescope, Police, Jenny, Blanket, Chocolate

A gang of crooks were moving goods at my home. We caught them and grabbed their gun, which the leader was holding. The leader went into another room to get another gun. I caught him putting it together and disarmed him. Both guns were pistols, though quite unusual was the fact that both had telescopic sights.

We were holding the leader of the gang until the police came. I went outside with Jenny and a car pulled up across from our house. It was invisible and the people in it were invisible also, though I could see the car's and the occupants' outline somehow.

We had the gang leader under a blanket on the floor. He was eating some form of chocolate-coated sweets that were scattered on the floor.

Interpretation:

This is an insightful warning. The gang of crooks are evil spirits and their leader a principality or power (see *Gang*). The gun speaks of the enemy using words against you (see *Gun*). The leader going into another room speaks about a two-fold attack (two incidents or two areas of attack) (see *Rooms*). The fact that the pistols had telescopic sights suggests that the attack is close range (see *Pistol*) and at the same time spiritual (from the second heaven—the spiritual realm) (see *Telescope*).

The police speak of angels (see *Police*). Also see Daniel 10:13: Going outside with Jenny talks about the Holy Spirit (see *Jenny* in Name and Place Dictionary) opening your spiritual eyes (see 2 Kings 6:17).

Having the gang leader under a blanket says that you have the principality under the authority of God's Word. The chocolate represents the Word of God (see *Chocolate*).

EXAMPLES FOR COLORS

- Blue – Spiritual gift; divine revelation, heavenly visitation; depressed (as in singing the blues or feeling blue)
 - Medium or dark blue – God's Spirit or Word
 - Very light blue – spirit of man, evil spirit; corrupt
 - Scripture: Num. 4: 7,9; Ez. 23:6; Prov. 20:30; Luke 2:13-14
- Orange – Danger, great jeopardy or harm. Common colors are seen with black and orange together.
 - Bright or fire orange – power, force, energy, energetic
 - Scripture: Mat. 5:22 & Prov. 6:27
- Green – Life, mortal flesh, carnal envy, inexperienced or immature; renewal
 - Evergreen – eternal life; immortal
 - Scripture: Gen 9:3; 1 Peter 1:24; Psalm 37:35; Luke 23:31

EXAMPLES FOR NUMBERS

- Four (4) – Reign or rule (over the world) Four corners of the earth; kingdom; creation; world
 - Scriptures: Gen 1:16, 18-19
- Eight (8) – Put off as in “putting off the old man or the works of the flesh” Sanctity; manifest; reveal; die or death.
 - Scriptures: 2 Chron. 29:17, Heb. 9:14; Col. 3:9
- Nineteen (19) – Barren, ashamed, repentant, selfishness, without self-righteousness
 - Scriptures: 2 Sam. 2:13; Rom 6:21
- Hundred (100) – Fullness, full measure, recompense or reward
 - Scriptures: Gen 26:12; Mark 10:30
- Thousand (1000) – Maturity, full stature, mature service or judgement.
 - Scriptures: Joshua 3:3-4; Ephesians 4:13; 1 Sam. 17: 5, 33

EXAMPLES OF INSECTS & ANIMALS

- Termites – Corruption; hidden destruction; secret sin; deception or demonic spirits
 - Scriptures: Psalm 11:3; Haggai 1:6
- Spider – evil; sin; deception; false doctrine; temptation
 - Web – snare; lies, entanglements
 - Black widow – great danger; deadly; evil slander
 - Scriptures: Rom. 6:16; Prov. 30:24,28; Eccl. 7:26; James 3:8
- Monkey – foolishness or clinging; mischief, addiction
 - Scriptures: Prov. 23:25 & 27:22
- Owl – circumspect, an invitation to look around; wisdom; demon or curse when related to the night.
 - Scriptures: Exodus 23:13; Isaiah 34:13
- Fish – spirit or soul; depending on the character of the fish can be a person or a motive “something fishy going on”
 - Scriptures: Luke 11:11, Mat. 13:47-48

EXAMPLES FOR A HOUSE

- Bathroom – Desire or Cleansing; prayer of repentance; confession; passion or strong lust.
 - Scriptures: Isaiah 1:16; Prov. 17:14
- Basement – soul; discouragement; foundation; refuge; retreat; a place to forget about things
 - Scriptures: Jeremiah 38:6
- Attic – mind; thoughts; attitude; learning; spiritual realm
 - Scriptures: Acts 10:9-11; Phil. 3:13
- Bedroom – rest; salvation; meditation; intimacy; peace; covenant (when in marriage in the dream) spiritual adultery if not one's spouse or unknown person
 - Scriptures: Psalm 4:4 & 139:8; Heb. 13:4

SOUND BOOKS ON DREAMS

- Adam Thompson & Adrian Beale- The Divinity Code - <http://thedivinitycode.org>
- Perry Stone - How to Interpret Dreams and Visions
- Ira Milligan - Understanding the Dreams you Dream (VOL 1 & 2)
- John Paul Jackson - The Biblical Model of Dream Interpretation: Avoiding the Pitfalls of Soulsh Methodology Audio CD